

Results of the Thompson 5 kilometre run held on 01 October 2017

| Finish position | Bib number | First Name | Last Name | UKA affiliated club | Gender | Time |
|-----------------|------------|------------|-----------|---------------------|--------|----------|
| 1 | 28 | Kevin | Vaughan | Thetford AC | Male | 00:19:04 |
| 2 | 6 | Yitzhak | Ben-aroja | Barnet AC | Male | 00:20:43 |
| 3 | 29 | Tony | Cantle | THETFORD AC | Male | 00:22:21 |
| 4 | 5 | Andy | Rowles | Dereham Runners AC | Male | 00:22:37 |
| 5 | 32 | James | Scott | | Male | 00:23:39 |
| 6 | 8 | Helen | Castleton | | Female | 00:25:00 |
| 7 | 19 | Sarah | Fry | Harling AC | Female | 00:27:30 |
| 8 | 4 | Taylor | Gowing | | Male | 00:27:24 |
| 9 | 20 | Gary | Stone | | Male | 00:28:13 |
| 10 | 21 | Hannah | Cloughton | Harling athletics | Female | 00:28:48 |
| 11 | 12 | Maha | Shames | | Female | 00:30:08 |
| 12 | 15 | Donna | Gooderham | Harling AC | Female | 00:30:09 |
| 13 | 7 | Claire | Tingey | | Female | 00:30:38 |
| 14 | 26 | Charlotte | Blake | | Female | 00:32:00 |
| 15 | 31 | Stuart | Hathaway | | Male | 00:32:00 |
| 16 | 17 | Kate | Grantham | Harling AC | Female | 00:32:05 |
| 17 | 18 | Kerry | Dilks | Harling AC | Female | 00:32:06 |
| 18 | 11 | Amy | Shawcross | | Female | 00:32:33 |
| 19 | 10 | Gillian | Smith | | Female | 00:33:41 |
| 20 | 16 | Stephen | Cole | Reepham Runners | Male | 00:34:09 |
| 21 | 3 | Harvey | Gowing | | Male | 00:35:13 |
| 22 | 1 | jean | gowing | Reepham Runners | Female | 00:35:28 |
| 23 | 2 | Tasmin | Tilford | | Female | 00:36:22 |
| 24 | 9 | Sofia | Garner | | Female | 00:36:23 |
| 25 | 14 | Sue | Humphreys | Norfolk Harriers RC | Female | 00:38:47 |
| 26 | 23 | Alison | Hodgson | | Female | 00:40:03 |
| 27 | 24 | Carolyn | Trede | | Female | 00:40:04 |
| 28 | 22 | Nicky | Hornsey | | Female | 00:40:32 |
| 29 | 30 | Lisa | Bailey | | Female | 00:40:43 |
| 30 | 25 | William | Metcalfe | Dagenham 88 Runners | Male | 00:41:29 |
| 31 | 27 | Kathy | Harris | | Female | 00:44:55 |